

# 2017 PRO & AMATEUR STEEL VALLEY CLASSIC

## NATURAL BODYBUILDING, PHYSIQUE, FIGURE, & BIKINI CHAMPIONSHIP

**-SATURDAY AUGUST 5th, 2017-**

Contestant Eligibility:

Open to all natural athletes who hold a current NGA card.

You may obtain a membership on contest day.

(Amateur: \$65 - Pro: \$105) Pro eligibility requirements are found at

[www.nationalgym.com](http://www.nationalgym.com). All classes are required to take a 7-year drug free polygraph (\$40).

Overall winners in pro-card eligible divisions and overall pro divisions will be urine tested as well.

Location:

Warren G. Harding High School: 860 Elm Rd NE, Warren, OH 44483

Time:

Registration: 8:30am day of contest. Optional Registration August 4th: 4pm-8pm at Rocky's Fitness.

Mandatory Competitor Meeting: 11am Saturday, August 5th

Show begins with Prejudging: 12pm noon

Music:

Contestant must email a digital copy (MP3 file) of their music choice to Mitchell Shopinsky

one week prior to the competition OR bring a CD copy. All music starts off stage and

PRESET to a maximum of 60 seconds. (Mitchell Shopinsky's email: [mjshopinsky@gmail.com](mailto:mjshopinsky@gmail.com))

Awards:

Amateur Division: 1st-5th place in each division, weight class & overall

Pro Division: Cash prizes will be awarded for 1st-3rd place\*\* (See second page for more details)

Fees: (entry fee includes free contest t-shirt)

Amateur Division: \$65 - Pro Division: \$105

Crossover Fee: \$25

Polygraph Fee: \$40 Payable ONLY by cash or money order to polygrapher on day of testing

(Polygraph testing times: Friday, August 4th: 4pm- 8pm at Rocky's Fitness on Saturday,

August 5th 9am-11am at Warren G. Harding High School prior to Prejudging)

T-shirt size (choose ONE): SM \_\_\_\_\_ MD \_\_\_\_\_ LG \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_

Application Deadline:

**Applications must be mailed & postmarked by Monday, July 31st to Rocky's Fitness.**

Any applications received later than July 31st will be subject to a \$25 late fee.

\*Additional Information:

If there are 3 competitors or less in a class, we have the option to combine classes and prize money.

Rocky's Fitness Address: 144 E. Park Avenue, Columbiana, OH 44408

Any fees or payments made on Friday, August 4th or Saturday August 5th must be cash or money orders ONLY

Competitor Divisions (Check box):

- Bantamweight- Up to 143 ¼ lbs
- Lightweight- Over 143 ¼ lbs up to 156 ¼ lbs
- Middleweight- over 165 ¼ lbs up to 172 ¼ lbs
- Light Heavyweight- Over 172 ¼ lbs up to 189 ¼ lbs
- Heavyweight- Over 189 ¼ lbs

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Novice Figure Short/Tall | <input type="checkbox"/> Men's Novice Bodybuilding      | <input type="checkbox"/> Master's Pro Men's Bodybuilding |
| <input type="checkbox"/> Open Figure Short/Tall   | <input type="checkbox"/> Men's Master's Bodybuilding    | <input type="checkbox"/> Master's Pro Men's Physique     |
| <input type="checkbox"/> Master's Figure          | <input type="checkbox"/> Men's Novice Physique          | <input type="checkbox"/> Master's Pro Figure             |
| <input type="checkbox"/> Novice Bikini Short/Tall | <input type="checkbox"/> Men's Open Physique Lt-Mid-Hvy | <input type="checkbox"/> Master's Pro Bikini             |
| <input type="checkbox"/> Open Bikini, Short/Tall  | <input type="checkbox"/> Men's Master's Physique        | <input type="checkbox"/> Master's Pro Women's Physique   |
| <input type="checkbox"/> Master's Bikini          | <input type="checkbox"/> Novice Classic Physique        |  |
| <input type="checkbox"/> Open Women's Physique    | <input type="checkbox"/> Open Men's Classic Physique    |  |
|   | <input type="checkbox"/> Master's Classic Physique      |  |

\*Master's must send a copy of his/her driver's license as proof of age. Master's begins at age 35 for women and age 40 for men.

\*\*Overall Pro Qualifier Definition: 1. Has not placed in top 3 in an open weight in any organization

2. Has not placed 1st in a novice contest in any organization

3. Novice Competitors may crossover to the open division

PLEASE PRINT:

NGA Card # \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone # \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Gym Representing \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

### PLEASE MAKE ALL CHECKS AND MONEY ORDERS PAYABLE TO: ROCKY'S FITNESS

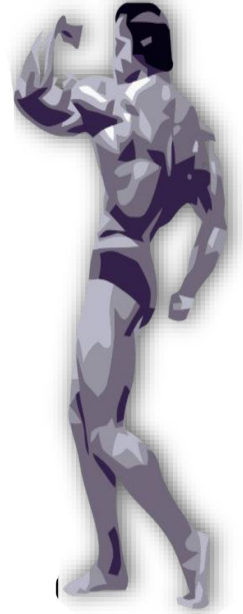
Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the National Gym Association, Inc. (NGA), Rocky Taumoepeau and Rocky's Fitness, Warren G. Harding High School, School Board of Trumbull County, and any and all sponsors, agents, representatives, and assigns for any and all injuries and/or losses suffered by myself as a result of my participation and/or attendance at the 2017 Steel Valley Classic, August 5th, 2017.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**Send application and payment to: Rocky's Fitness- 144 East Park Avenue, Columbiana, OH 44408- (330) 965-0464**

**For more contest information: Contact Roy Thomas at (330) 518-4139 OR [Roythomas1129@sbcglobal.net](mailto:Roythomas1129@sbcglobal.net)**



**2017 PRO & AMATEUR STEEL VALLEY CLASSIC**  
**NATURAL BODYBUILDING, PHYSIQUE, FIGURE, & BIKINI CHAMPIONSHIP**  
**-SATURDAY AUGUST 5th, 2017-**



**Eligibility:** Open to all natural athletes who hold a current NGA card (Amateur \$65). Competitors are subject to urinalysis and/or polygraph test

**Location:** Warren G. Harding High School- 860 Elm Rd NE- Warren, OH 44483

**Entry Fee:** Amateur Division \$65- Pro Division \$105 (Payable to **Rocky's Fitness**)

**Deadline:** Fee's must be paid by Monday, July 31st. Late fee is an additional \$25.

**Time:** Registration: 8:30am day of contest.

Optional Registration August 4th: 4pm-8pm at Rocky's Fitness.

Mandatory Competitor Meeting: 11am Saturday, August 5th

Show begins with Prejudging: 12pm noon

**Pro Divisions:** Prize money for each class: 1st place \$500, 2nd place \$300, 3rd place \$200. If there are 5 or less competitors in a pro class, the prize money will be adjusted according to NGA Guidelines. Money will be paid **after** drug tests are passed. Money representation will be presented the night of the show. Pro's must verify pro status prior to contest.

**Host Hotel:** TBA

**Tanning:** No Dream Tanning, 4-D Tanning (Awesome Spray Tanners)

**Music:** Email to: [mjshopinsky@gmail.com](mailto:mjshopinsky@gmail.com) MP3 **OR** bring CD preset to a maximum of 60 seconds. (No profanity or derogatory remarks in regard to music selection or the competitor will be disqualified), NOTE: all music will start off stage.

**Spectator Admission:** \$15 Prejudging, \$25 Finals, \$35 both (IF purchased together), \$40 Trainer pass

**For more information or questions:**

Rocky Taumoepeau: (234) 352-9882

-email: [Rocky1761@gmail.com](mailto:Rocky1761@gmail.com)

Roy Thomas: (330) 518-4139

- email: [roythomas1129@sbcglobal.net](mailto:roythomas1129@sbcglobal.net)

Rocky's Fitness: 144 E Park Ave, Columbiana, OH 44408

**\*\*\*Please check Rocky's Fitness website for information, updates and changes ([www.rockysfitness.com](http://www.rockysfitness.com))\*\*\***