

2011 Mr. & Ms. Steel Valley Classic
 Natural Bodybuilding & Figure/Fitness Championships
 Saturday, August 13, 2011



Eligibility: Open to all natural amateur athletes who hold a current NGA card or may obtain membership on the day of the contest for \$45.00. All classes are required to take a seven-year drug-free polygraph.

Location: **Warren G. Harding High School**
 860 Elm Road NE, Warren, Ohio 44483

Time: **Check in:** 8:30 AM **Prejudging:** 11:00AM **Evening Show Time:** 6:00PM

Music: Contestants must bring a cd or cassette tape preset to a maximum of 60 seconds.

Awards: MEN & WOMEN OPEN CLASSES: 1st - 5th in each weight class and overall.
 MASTERS, NOVICE, TEENS, FITNESS, BIKINI, MALE MODELING, AND FIGURE: 1st - 5th

Fees: **Entry Fee (Includes Free Contest T-Shirt):** \$50.00 (Payable to Rocky's Fitness) **Crossover Fee:** \$20.00
Polygraph Testing Fee: \$35.00 Payable ONLY by M.O. or cash to polygrapher on the date of testing.

Entry Deadline: **July 31, 2011 - POSTMARKED.** Promoter has the option to not accept late entries.

Divisions (Check box):

PRO QUALIFIER Men's Open	<input type="checkbox"/> Lightweight - Up to 156 1/4 lbs.					
	<input type="checkbox"/> Middleweight - Over 156 1/4 lbs. up to 172 1/4 lbs.					
	<input type="checkbox"/> Light Heavyweight - Over 172 1/4 lbs. up to 189 1/4 lbs.					
	<input type="checkbox"/> Heavyweight - Over 189 1/4 lbs.					
PRO QUALIFIER Women's Open	<input type="checkbox"/> Lightweight - Up to 112 1/4 lbs.					
	<input type="checkbox"/> Middleweight - Over 112 1/4 lbs. up to 122 1/4 lbs.					
	<input type="checkbox"/> Heavyweight - Over 122 1/4 lbs.					
Men Masters*	<input type="checkbox"/> 40-49					<input type="checkbox"/> Over 50
Women Masters*	<input type="checkbox"/> Over 40					
*Masters must send a copy of his/her driver's license as proof of age.						
<input type="checkbox"/> Women's Open Figure	<input type="checkbox"/> Masters Figure*	<input type="checkbox"/> Teen Women Figure**				
<input type="checkbox"/> Women's Bikini	<input type="checkbox"/> Women's Fitness	<input type="checkbox"/> Teen Women Fitness**				
<input type="checkbox"/> Teen Men**	<input type="checkbox"/> Male Modeling					
**Teens must send proof of age. 19 years and under only.						
Novice	<input type="checkbox"/> Men	<input type="checkbox"/> Women	<input type="checkbox"/> Figure			
Novice Definition:	1. Has not placed in top 3 in an open weight in any organization. 2. Has not placed 1st in a novice contest in any organization. 3. A Novice competitor cannot crossover to the open division.					
T-Shirt Size (Pick 1)	<input type="checkbox"/> SM	<input type="checkbox"/> MD	<input type="checkbox"/> LG	<input type="checkbox"/> XL	<input type="checkbox"/> 2XL	<input type="checkbox"/> 3XL

Please Print

NGA CARD # _____

NAME _____ AGE _____ DATE OF BIRTH _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____ TELEPHONE# _____

GYM REPRESENTING _____ HGT. _____ WGT. _____

CONTEST PLACINGS _____

ENTRY FEE: \$50.00 Required with application. Make all checks and money orders payable to: Rocky's Fitness

WAIVER: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I HEREBY INTEND TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, AND WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE NATIONAL GYM ASSOCIATION, INC. (NGA), ROCKY TAUMOEPEAU & ROCKY'S FITNESS, WARREN G. HARDING HIGH SCHOOL, SCHOOL BOARD OF TRUMBULL COUNTY, AND ANY AND ALL SPONSORS, AGENTS, REPRESENTATIVES AND ASSIGNS FOR ANY AND ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE 2011 MR. & MS. STEEL VALLEY CLASSIC NATURAL BODYBUILDING & FIGURE/FITNESS CHAMPIONSHIPS, AUGUST 13, 2011.

SIGNATURE _____ DATE _____

SIGNATURE OF PARENT OR GUARDIAN (if under 18) _____ DATE _____

Send Application & Check or Money Order to: Rocky's Fitness, 1285 Boardman-Canfield Rd Boardman, OH 44512
For Contest Information: Call: 330-965-0464 Email: rocky1761@gmail.com or go to www.rockysfitness.com

National Gym Association Amateur Athlete Registration

To Register Online Go to: www.nationalgym.com

Amateur Athletes: \$45.00		
Last Name:	First Name:	MI:
Address:	<input type="checkbox"/> Male <input type="checkbox"/> Female	
City:	State:	Zip:
Email:	Phone:	Date of Birth:
Signature (if under 18 parent's signature)		Date:
<input type="checkbox"/> Yes, I would like to renew my NGA Membership.		
<input type="checkbox"/> Check/MO payable to National Gym Association for \$_____ is enclosed.		
<input type="checkbox"/> Please bill my credit card for \$_____.		
<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover		
Credit Card #		
Card Holder's Name		
Expiration Date		

MAIL APPLICATION TO:

The National Gym Association, Inc.
PO Box 970579
Coconut Creek, FL 33097-0579

FOR EXPRESS PROCESSING:

FAX: (954) 344-8412
nga@nationalgym.com
www.nationalgym.com